



President and Leader: Charles de Gaulle and French Independence

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ABSTRACT

Charles de Gaulle stands as one of the most influential political leaders of the twentieth century, whose vision and leadership profoundly reshaped France's political institutions, foreign policy orientation, and national identity. This article critically examines de Gaulle's pursuit of French sovereignty and strategic autonomy within the broader theoretical frameworks of nationalism, state sovereignty, and political leadership. By employing qualitative historical analysis and interpretive political methodology, the study explores how de Gaulle transformed France's domestic governance through the establishment of the Fifth Republic and redefined its international role by pursuing an independent foreign and defense policy during the Cold War. Particular attention is paid to France's withdrawal from NATO's integrated military command, the development of an autonomous nuclear deterrent, and de Gaulle's pragmatic approach to decolonization, especially in Algeria. The research builds on previous analyses by integrating detailed case studies of French institutional reforms, diplomatic correspondence, and domestic political debates, thereby providing a more nuanced understanding of Gaullism as a framework for political sovereignty and the reconstruction of national identity. The findings suggest that de Gaulle's policies not only restored France's global status but also created a lasting model of strategic autonomy that continues to shape French political identity. This study adds to current debates on leadership, sovereignty, and post-imperial state change by providing a comprehensive view of Gaullism as both a political doctrine and a durable framework for national independence.

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1. Introduction

Charles de Gaulle occupies a central position in modern European political history as a military leader, statesman, and architect of contemporary French governance. His leadership during the Second World War and his presidency between 1959 and 1969 constituted a transformative period in which France redefined its political institutions, national identity, and global standing. Amid the structural changes of the post-war international system and the bipolar tensions of the Cold War, de Gaulle articulated a distinctive vision of national sovereignty grounded in political independence, strategic autonomy, and institutional strength.

In the aftermath of the Second World War, France faced profound political, economic, and psychological crises. The trauma of military defeat, occupation, and

collaboration deeply undermined national confidence. The fragile political system of the Fourth Republic further aggravated this crisis, characterized by governmental instability, ideological polarization, and ineffective executive leadership. Within this context, de Gaulle emerged not merely as a political leader but as a symbol of national revival, embodying France's historical continuity and moral resilience (Muller, 2024; Vermauw, 2025).

Existing scholarship has emphasized de Gaulle's role in restoring France's international prestige and consolidating executive authority (Vermauw, 2025). However, debates persist regarding the theoretical interpretation of Gaullism: whether it represents a pragmatic adaptation to geopolitical realities or a coherent nationalist doctrine rooted in historical continuity.

This study seeks to bridge this analytical gap by examining de Gaulle's leadership through the combined lenses of nationalism theory, state sovereignty, and leadership studies. By situating Gaullism within broader theoretical debates, the article demonstrates that de Gaulle's political thought constituted a distinctive synthesis of historical tradition, realist international strategy, and modern institutional design. His leadership model offers valuable insights into the challenges of political authority, the construction of national identity, and state autonomy during periods of systemic crisis and transformation.

Building upon this analytical framework, the present study moves toward a more focused inquiry into the central dynamics of Charles de Gaulle's political thought and leadership practice. While the preceding discussion has outlined the theoretical foundations of nationalism, state sovereignty, and leadership as lenses for understanding Gaullism, it remains necessary to translate these perspectives into specific analytical questions that guide the investigation. To systematically explore how de Gaulle articulated and implemented his vision of French sovereignty and strategic autonomy, the study formulates a set of research questions that address the ideological foundations, institutional strategies, and long-term implications of his leadership in both national and international contexts. These questions provide the conceptual direction for examining the historical significance and contemporary relevance of Gaullism. The following research questions guide this article:

1. How did Charles de Gaulle conceptualize national sovereignty within the context of post-war international politics?
2. What institutional and diplomatic strategies did he employ to assert France's strategic autonomy?
3. How did de Gaulle's leadership reshape French political identity and post-colonial statehood?
4. What is the enduring relevance of Gaullism in contemporary debates on sovereignty and global interdependence?

These questions allow for a multidimensional exploration of de Gaulle's leadership, integrating ideological, institutional, and geopolitical perspectives, while enabling a critical reassessment of Gaullism as a dynamic and evolving political doctrine rather than a static ideological framework.

2. Methodology

This study employs a qualitative historical-analytical methodology, combining document analysis, political discourse analysis, and interpretive historical research. The research design is grounded in a critical examination of both primary and secondary sources (Ahmed, 2025; Gapur et al., 2024; Moheimany, 2021).

2.1. Data Sources

This study relies on a combination of primary and secondary sources to ensure both analytical depth and historical reliability. The primary sources include Charles de Gaulle's speeches, memoirs, official government documents, constitutional texts, and diplomatic statements. These materials provide direct insight into de Gaulle's political thought, leadership style, and policy decisions during critical moments of post-war French political development.

In addition to these primary materials, the research also draws extensively on secondary sources, including peer-reviewed journal articles, academic monographs, and edited volumes. Particular attention is given to scholarly works published within the last ten years, especially those indexed in international academic databases such as Scopus. These studies offer contemporary scholarly interpretations and debates that help situate Gaullism within broader discussions of nationalism, sovereignty, and political leadership.

Furthermore, the study incorporates archival materials obtained from the French national archives as well as digital collections of diplomatic correspondence. These archival sources contribute important empirical evidence and help strengthen the historical accuracy of the analysis. They also provide valuable insights into the internal deliberations and strategic considerations that shaped key foreign and domestic policy decisions during de Gaulle's leadership.

2.2. Analytical Framework

The analytical framework employed in this study is designed to capture the complexity of Charles de Gaulle's political thought and leadership by integrating several complementary theoretical perspectives. Rather than relying on a single disciplinary approach, the analysis adopts an interdisciplinary framework that combines insights from nationalism theory, leadership studies, and postcolonial and Cold War scholarship. This combination allows the research to situate Gaullism within broader debates about national identity, political authority, and international power relations during the mid-twentieth century. Through this approach, the study seeks to understand not only the ideological foundations of de Gaulle's political vision but also the institutional and geopolitical contexts in which his policies were formulated and implemented.

The first theoretical perspective derives from nationalism theory, which provides the conceptual tools necessary to interpret de Gaulle's understanding of national identity and the role of sovereignty in shaping the modern French state. Within this framework, Gaullism can be viewed as a political doctrine that emphasizes the historical continuity of the French nation, the preservation of national dignity, and the importance of maintaining political autonomy in an increasingly interdependent international system. Nationalism theory, therefore, helps illuminate how de Gaulle articulated a vision of France that combined historical consciousness with strategic pragmatism, positioning national sovereignty as the central principle guiding both domestic governance and foreign policy orientation.

The second perspective is drawn from leadership studies, which focuses on the nature of political authority, decision-making processes, and the role of individual agency in shaping historical outcomes. From this viewpoint, de Gaulle's leadership can be analyzed as a form of charismatic and strategic leadership that enabled him to mobilize public support, navigate institutional crises, and reshape France's political system during a period of profound transformation. Leadership studies also provide a

framework for examining how de Gaulle exercised authority within the structures of the Fifth Republic, balancing strong executive power with constitutional legitimacy while maintaining a personal leadership style that was both symbolic and pragmatic.

The third perspective incorporates insights from post-colonial and Cold War studies to contextualize France's geopolitical position and the challenges it faced during decolonization. These perspectives are particularly relevant for understanding the international dimension of Gaullist policy, including France's efforts to maintain strategic autonomy while navigating the bipolar tensions between the United States and the Soviet Union. Within this context, de Gaulle's policies toward decolonization—especially in Algeria—and his pursuit of an independent nuclear deterrent can be interpreted as part of a broader attempt to redefine France's global role after the decline of its colonial empire.

By integrating these three theoretical approaches, the study constructs a comprehensive analytical framework that addresses the multiple dimensions of Gaullism. This interdisciplinary perspective enables a holistic interpretation of Gaullist policies, highlighting the dynamic interplay among ideological commitments, institutional reforms, and international strategic considerations. Such an approach recognizes that de Gaulle's political project cannot be fully understood through a single theoretical lens, as it involved the simultaneous negotiation of domestic political transformation and global power politics.

The analytical procedure employed in this research involves several stages of qualitative interpretation. First, the collected texts—comprising speeches, policy documents, and relevant scholarly literature—are examined through thematic coding in order to identify recurring concepts and patterns related to sovereignty, leadership, and national identity. Second, the study undertakes a comparative analysis of existing scholarly debates to situate its findings within the broader academic discourse on Gaullism and modern French political history. Finally, these interpretive insights are synthesized through a critical historical analysis that connects ideological discourse with concrete political developments. Through this systematic procedure, the study aims to produce a nuanced understanding of de Gaulle's leadership and the enduring significance of Gaullism in shaping modern conceptions of national sovereignty and political authority.

3. Main Analysis

3.1. Theoretical Foundations of Gaullist Sovereignty

De Gaulle's understanding of sovereignty reflected a synthesis of classical nationalism and realist international relations theory. Unlike ethnocultural nationalism, Gaullism emphasized political independence, institutional strength, and strategic capacity. According to Knapp (2021), de Gaulle viewed sovereignty not merely as legal autonomy but as the practical capacity to act independently within an anarchic international system. De Gaulle's leadership style has often been interpreted as a distinctive model of French presidential leadership combining symbolism and executive authority (Gaffney, 2019).

This conception of sovereignty was deeply rooted in France's historical experience of invasion, occupation, and decline. De Gaulle's political philosophy sought to restore national dignity by reasserting France's capacity to shape its own destiny. His speeches frequently invoked historical memory, linking contemporary political challenges with France's enduring civilizational mission.

From a leadership studies perspective, de Gaulle exemplified charismatic and transformational leadership. His political legitimacy derived not only from constitutional authority but from symbolic representation of national resilience and historical continuity (Fenby, 2010).

By framing political change as a moral and historical necessity, de Gaulle successfully transcended partisan divisions, forging a broad national consensus around the principles of sovereignty, unity, and strategic independence.

3.2. Institutional Transformation and the Fifth Republic

The establishment of the Fifth Republic in 1958 marked a decisive institutional rupture. By strengthening presidential authority and reducing parliamentary fragmentation, de Gaulle sought to overcome chronic instability. Comparative constitutional scholarship highlights this shift as a defining example of semi-presidential consolidation, significantly enhancing executive leadership capacity (Elgie, 2011).

The constitutional reforms fundamentally altered the balance of power within the French political system, introducing direct presidential elections, extended executive prerogatives, and mechanisms for political stability. These changes enabled coherent long-term policymaking, particularly in foreign affairs and defense.

This institutional restructuring enabled strategic coherence in foreign and defense policy, aligning domestic governance with de Gaulle's broader sovereignty agenda. Critics, however, argue that this model risked authoritarian tendencies, raising enduring debates over democratic accountability. Scholars have long debated the tension between executive stability and democratic accountability in modern political systems (Crozier, Huntington, & Watanuki, 1975).

Nonetheless, empirical evidence suggests that the Fifth Republic provided France with the political stability necessary for economic modernization, diplomatic repositioning, and social reform. Further analysis of parliamentary debates indicates that the executive consolidation allowed France to implement strategic policies without repeated governmental paralysis, which had plagued the Fourth Republic.

3.3. Strategic Autonomy and Cold War Diplomacy

De Gaulle's foreign policy doctrine centered on strategic autonomy. His withdrawal from NATO's integrated military command in 1966 symbolized resistance to bipolar dominance and reaffirmed France's independent strategic identity (Bozo, 2016).

This decision represented a calculated effort to enhance France's diplomatic flexibility, enabling it to engage with both Western allies and Eastern Bloc states. De Gaulle's visits to the Soviet Union and China underscored his commitment to multipolar diplomacy and strategic equilibrium. His independent foreign policy, including selective collaboration and unilateral initiatives, illustrated the practical application of strategic autonomy theory in statecraft. The concept of strategic autonomy has continued to shape European security debates in the post-Cold War era (Howorth, 2017; Mahncke, 2018).

The development of an independent nuclear force further reinforced this doctrine. France's nuclear deterrent enabled de Gaulle to negotiate from a position of strength, redefining France's role within Western alliances while maintaining diplomatic engagement with both superpowers.

In addition, de Gaulle's insistence on European cooperation under French leadership, while resisting supranational institutions that could compromise

sovereignty, reflects the balance between national autonomy and regional diplomacy that continues to influence France today.

3.4. Decolonization and Post-Colonial State Transformation

De Gaulle's resolution of the Algerian War exemplifies pragmatic post-colonial statecraft. While initially advocating for French Algeria, he gradually recognized the unsustainability of colonial dominance. The Evian Accords (1962) reflected a strategic recalibration aimed at preserving national cohesion and international legitimacy (Shepard, 2014).

De Gaulle's approach to decolonization was both pragmatic and strategic: it preserved France's political stability while recognizing the inevitability of national liberation movements. This adaptation from imperial nationalism toward post-imperial sovereignty represents a critical case of statecraft responding to global political shifts. The Algerian case illustrates the intersection of domestic politics, international law, and military strategy in post-colonial transition.

3.5. Gaullism and Long-Term Political Legacy

Gaullism remains a defining feature of French political culture. Its influence persists in contemporary debates on European integration, strategic autonomy, and national sovereignty. France's cautious approach toward supranational governance reflects enduring Gaullist principles, particularly resistance to excessive institutional centralization at the European level. Contemporary scholarship continues to reassess the enduring influence of de Gaulle on modern French political institutions and identity (Aliyev, 2023).

Modern policy analysis demonstrates that Gaullist principles continue to guide French military modernization, diplomatic negotiations, and national security planning. Additionally, political parties and public discourse often invoke Gaullist rhetoric when emphasizing French independence, reflecting the ideological durability of de Gaulle's vision.

3.6. Comparative Implications and Contemporary Relevance

The study further explores how de Gaulle's model of strategic autonomy can inform contemporary debates in global governance, particularly for middle powers navigating multipolar systems. By comparing Gaullist France with post-Cold War European nations, the research identifies patterns in balancing sovereignty, international cooperation, and domestic legitimacy. These insights are relevant for scholars of political leadership, state sovereignty, and post-colonial transitions, providing a framework for understanding how historical legacies shape contemporary foreign and domestic policy.

4. Conclusion

Charles de Gaulle's leadership constituted a foundational transformation of modern French political identity. By integrating institutional reform, strategic autonomy, and pragmatic diplomacy, he reconstructed France's sovereignty within a rapidly changing global order.

His political legacy demonstrates that effective leadership requires not only institutional authority but also moral legitimacy, historical consciousness, and strategic foresight. De Gaulle's model of sovereignty—balancing independence with international engagement—offers valuable lessons for contemporary states navigating globalization

and geopolitical uncertainty. Moreover, Gaullism provides a conceptual lens to examine leadership, state autonomy, and national identity formation in transitional or post-imperial contexts.

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